

In Case of Emergency

Gateway Counseling is not a medical facility. Therefore, we only admit participants that are physically safe. For this reason, we ask that you consent to the following policy. During treatment, some patients have suicidal, self-harm or homicidal thoughts. These generally pass within hours or days if discussed in sessions. You may call the your therapist at any time during working hours and leave a message for your primary therapist who will make every effort to call you back before the end of the day. If you have an emergency after hours (5:30 pm- 9:30 am) or on the weekend, please call your therapist or go to the nearest emergency room.

Please read the following contract, which is required of all individuals being treated on an outpatient basis at Gateway Counseling:

1. I promise to talk with my individual therapist if I should have any thoughts of harming myself or someone else. I understand that for some individuals, these thoughts may be a natural part of the therapy process and are likely to pass if I talk about them.
2. I understand that the ultimate responsibility for my health and therapy is my own. Therefore, I agree to give my therapist 48 hours to respond to my call. In the interim, I may phone a hotline for support or go to an emergency room if unable to keep myself safe.

I have read and understand the emergency policies and promise to abide by them.

Signature of Patient

Date

Parent/Guardian Signature

Date